

ONE DREAM
CAN CHANGE
GENERATIONS

Dream Centers

2025 Annual Report

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Letter from our CEO

We believe change worth pursuing is the kind that lasts for generations, the kind a mother passes to her children, who will pass it on to theirs. We saw that change take root when the Women's Clinic opened in 2011, and again in 2015, when Mary's Home opened its doors. In 2025, the Women's Clinic provided holistic, integrated healthcare to more than 1,000 uninsured and underinsured women who had nowhere else to turn. That care reduced unnecessary ER visits and saved El Paso County millions in healthcare costs.

Not long ago, I ran into a former patient at a Texas airport. She stopped me to tell me, unprompted, how the Women's Clinic had walked with her through one of the hardest seasons of her life. That's the person behind the number. One-thousand women is a statistic, and she is why the statistic matters so much to our community.

At Mary's Home, we welcomed 10 new single mothers and their children into safe, stable housing with wrap-around support. Our founding goal was to help families exit homelessness permanently — and it's working. Our graduates are safe, thriving, and building careers. But their children still need something we haven't been able to give them.

In response to their repeated requests, we began planning Big Dream Early Learning: trauma-responsive, resilience-building care and education for children from birth to age 6. That need has only grown more urgent as affordable childcare shrinks and our community grows. We believe Dream Centers, along with many of you, are called to build something that goes far upstream: meeting kids and families with the joy of healing, play, and early learning.

Dream Centers' housing, programs, and services exist because of generous donors, volunteers, and partners. In the pages ahead, you'll see stories of lives transformed because people like you chose to see the God-given identity and dignity in all of them.

Thank you for creating health and hope-filled opportunities for the clients we serve. That's the heart of Dream Centers' mission.

Matthew Ayers

Founder & CEO



"... lives were changed because people like you chose to believe in them. "

Dream Centers



Our Mission

Dream Centers provides health and hope for people working to rebuild their dreams.

Our Programs

Dream Centers
WOMEN'S CLINIC

The Women's Clinic is the only free gynecology clinic in the state for women ages 13-64 who are uninsured or underinsured. Beyond specialized, integrated women's health, patients receive access to a full suite of wrap-around services including preventative care, behavioral health counseling, prayer and spiritual support, ultrasounds (GYN & OB), pregnancy resources, cancer screenings, patient navigation, and chiropractic appointments.

Mary's Home
Dream Centers

Mary's Home is a multi-year residential program designed to break cycles of poverty and restore hope for single mother-led families exiting homelessness. Women accepted into the program are provided a fully furnished apartment to call their own and are supported by a community of peers, volunteers, and trained professionals who walk alongside them as they do the hard work of healing from past trauma, building capacity, and thriving as strong individuals and families. Life skills, behavioral health counseling, coaching, education, and career development are part of the high-challenge, high-support culture of Mary's Home.

BIG DREAM
EARLY LEARNING
Dream Centers

Big Dream Early Learning is taking shape as a future trauma-informed early learning center for children ages 0–6, designed to break the costly cycle of poverty and homelessness before it has a chance to take root. Ongoing stress and trauma can interrupt normal brain development in young children, often leading to lifelong cognitive, relational, and behavioral challenges. Yet there is a unique opportunity to reactivate the brain's normal developmental pathways and change a child's trajectory. Big Dream will permanently enhance children's learning, growth, and healing while providing essential support to families.



Dream Centers



Program Impact

"The staff here is amazing. I don't have family to help guide me through this or answer my questions, and I don't have health insurance. Your team made me feel supported, informed, and truly cared for during a difficult time."

Women's Clinic Patient

"Because of you, my life has completely changed for the better. Thank you!"

Mary's Home Mom

"Desde el momento que pedí información fueron muy amables. Dan confianza para expresar tus dudas. Excelente clínica."

From the moment I asked for information, they were very friendly. They make you feel comfortable asking questions—an excellent clinic.

Women's Clinic Patient

Dream Centers

WOMEN'S CLINIC

3,211
Medical Appointments

1,088
Unique Patients

431
Counseling Appointments

1,161
Chiropractic Appointments

54
Medical Massages

123
Ultrasounds

165
Nutrition Appointments

52
Telehealth Appointments



TOP RATED

9.9/10
Average Patient Satisfaction Rating

Women's Clinic Transformation



Kaitlyn's Story

Kaitlyn visited Dream Centers Women's Clinic to meet with Kate Smith, a volunteer functional nutrition lifestyle practitioner. Here is part of the note Kaitlyn sent us about her treatment:

Kate Smith and the functional nutrition program at the Dream Centers Women's Clinic greatly benefited me and changed my life for the better. In the past, I have struggled with nutrition depression and extreme anxiety. I also have Hashimoto's, an autoimmune disease of the thyroid. Through Kate's program, I learned everything is connected: mind, body and spirit.

With diet changes and proper supplements, I have dramatically improved my physical health, which also improved my mental and spiritual health. The function of my thyroid has improved, my gut is healing, and I just feel healthier overall. The most miraculous transformation I have noticed is that I no longer struggle with depression or anxiety.

Mary's Home

Dream Centers

84 Families have exited Mary's Home since opening.
10 Families moved into Mary's Home in 2025.

After families launch from Mary's Home, exit surveys are conducted and progress is tracked for at least three years to measure long-term outcomes.

Among families responding to follow-up surveys:

96%
Report feeling safe

80%
Report stable housing

67%
Limited use of subsidies



Dream Centers

Mary's Home Transformation



This is an excerpt from an essay that one Mary's Home mom wrote in her first month in the program:

One of the ways that I can better myself and my children's lives in the long term is through the amazing opportunity, space, and time that Mary's Home provides to further my education. I already have my associate's degree but it's in a field that is not a family-friendly career.

I would like to stop living paycheck to paycheck and truly provide for my children. I understand that I need to go back to school and reevaluate my career choice to do this. As a single mom, this seemed unattainable. But thanks to Mary's Home, this is a much more achievable goal. Through encouragement, mentorship, and the stress of paying bills taken off my plate, so I can focus on our future. Trust in the Lord with all your heart.

The other aspect that I really enjoy and that motivates me to be at Mary's Home is the safety and healing focus that it provides. Mary's Home is a very safe, secure, kid-friendly environment where a single moms can renew her soul while having to rebuild her life from the crumble and ashes the participants come from. We can set a new, strong foundation.

One must lose their life to gain a life. I will surely gain a sturdy foundation to build on here. The Lord is truly in this place.

One Mom's Story

Dream Centers

BIG DREAM EARLY LEARNING



In 2025, Big Dream Early Learning, Dream Centers' future early learning program, began to take shape through planning kickoff meetings, comprehensive needs assessment, and extensive information gathering. Kelly Hurtado of Joint Initiatives joined the planning committee and provided invaluable expertise throughout the process. Her contributions helped lay the foundation for the next phase of Big Dream, including her upcoming transition to the Dream Centers team as Big Dream Early Learning Program Director in 2026.

Ages 0–6 Children to be served

Volunteer Spotlight



124 Volunteers

8,101 Volunteer hours served

At Dream Centers, volunteers outnumber paid staff 5 to 1 and are truly the heart of the mission. Representing more than 40 local congregations, this incredible team ranges in age from 16 to 83. Their dedication makes it possible to provide vital services and support to women and families throughout the community. Deep gratitude is extended to every volunteer, not only for the lasting impact they make but also for the joy they bring through their service. Dream Centers simply would not be the same without them.

Volunteer Impact

Mary's Home Volunteer

"I've enjoyed getting to meet more of the moms over time, and you can just tell how cared for they are here. You can see the process in their expression; how over time they really just feel safe."

Mary's Home Volunteer

"One of the most meaningful aspects of this experience is watching these women become surrounded by genuine love and encouragement as they learn to be nurturing mothers and responsible individuals."

Women's Clinic Volunteer

"My favorite day of the week is when I come to volunteer at the Clinic! The environment created by the Clinic staff is so welcoming, fun and loving!"

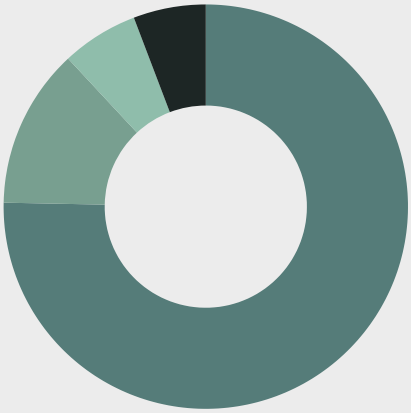
Board of Directors

Daniel Grothe, President
David Houle, Treasurer
Ana Tamarez, Vice President
Matthew Ayers, Secretary
Cheryl Meredith-Krueger, Leadership and Communications Chair
Dr. Lawrence O'Connell, MD, Member at Large
Gail Flanders Jones, Member at Large
Danielle Hendrix, Member at Large
Jennica Mabe, Member at Large
Joseph Schmidt, Ex Officio

Foundations

Thrivers Foundation
Luther T. McCauley Foundation
The James 27 Initiative
Virginia Hill Foundation
Carl W. and Carrie Mae Joslyn Charitable Trust
El Pomar Foundation
Pikes Peak United Way
Gore Family Memorial Foundation Trust
Colorado Springs Osteopathic Foundation
Giddings Foundation
Caring for Colorado Foundation
The Crowell Trust
Myron Stratton Home
Colorado Springs Health Foundation
Kenneth King Foundation
In-N-Out Burger Foundation
Colorado Gives Foundation
Ent Credit Union Community Fund
W & H Foundation
Omaha Community Foundation
McDaniel Family Foundation

2025 Financial Summary



Contributions
$3,630,651

Grant Income
$615,104

Other Revenue
$295,862

Donated Services
$279,088

Total
$4,820,705



Program Services
$2,412,982

Administration
$428,681

Fundraising
$532,161

Total
$3,373,824

Net Assets (Beginning of Year)
$5,774,574

Net Assets (End of Year)
$7,221,455

Total Change in Net Assets

$1,446,881.00



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